



North County Community Resources: Youth Based

- San Diego Access and Crisis Line (888) 724-7240 HOTLINE 24-Hour/7days
<https://www.optumsandiego.com/content/SanDiego/sandiego/en/access---crisis-line.html>
- Mental Health Systems- <https://www.mhsinc.org/> 125 W Mission Ave UNIT 103, Escondido, CA 92025- (760) 747-3424
- Mc Alister Institute- <https://www.mcalisterinc.org/programs/> 1701 Mission Ave Suite 310, Oceanside, CA 92058 (760) 721-2781
- Aurora Behavior Health- <https://www.aurorasandiego.com/> 11878 Avenue of Industry, San Diego, CA 92128 (858) 487-3200
- MHS Teen Recovery Center- <https://www.mhsinc.org/listing/teen-recovery-center-north-inland-2/> 340 Rancheros Dr San Marcos, Ca 92069 (760)744-3672
- Cannabis Abuse Program (Cap) <https://www.educationcompact.org/mastercalendar/cap123-xsksn> 220 s. Broadway Escondido, Ca 92025 (760) 839-4515
- Palomar Family Counseling Services- <https://www.palomarfamilycounseling.com/> 1002 E Grand Ave, Escondido, CA 92025 (760) 741-2660
- Soap-Mat (Stop Opiate Addiction Program) <http://www.soapmat.com/> 3230 Waring Court-Suite A Oceanside Ca, 92056 (760) 305-7528

Think you or your friend has an alcohol problem? Don't wait—get help. Talk to a parent, doctor, teacher, or anyone you trust. If you're more comfortable speaking with someone you don't know, call the confidential SAMHSA National Helpline at 800-662-HELP (800-662-4357) (English and Spanish). You can find substance abuse treatment services near you at samhsa.gov/treatment.

<https://www.stopalcoholabuse.gov/>

